

Kira B. Dean

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EDUCATION

University of Mississippi, Oxford, MS Anticipated May 2024
Department of Nutrition & Hospitality Management, *MS in Food & Nutrition Services - Coordinated Program in Dietetics*
Registered Dietitian exam planned June 2024; Certified Strength and Conditioning Specialist testing planned August 2023

Michigan State University, East Lansing, MI May 2022
College of Education, *BS, Majors in Kinesiology and Dietetics, Minors in Health Promotions and Sports Business Management*

EMPLOYMENT AND RELATED EXPERIENCES

Graduate Assistant, Ole Miss Football, Oxford, MS August 2022- Present
Sports Nutrition and Performance

- Assist Head Performance Dietitian with pre and post practice fueling for student athletes
- Conduct body composition testing for over 100 student athletes prior to the season
- Lead and manage a team of 15 student volunteers to help with Fuel Station operations
- Help coordinate catering needs for weekly lunches, as well as post game meals
- Ensure locker room and meeting rooms are stocked for game day activities and events
- Prepare for travel needs for team and support staff for away games including locker room and sideline fueling

Spartan Fuel Station Manager, MSU Football, East Lansing, MI October 2020- May 2022
Sports Nutrition and Performance, promoted from Spartans Fuel intern September 2021

- Pre-arrival point person for hotel and caterers; coordinated snacks and meals pre and post travel and game day; assisted with individual plans as needed (allergies and health concerns); included week-long responsibilities for 2021 Chick-fil-A Peach Bowl in Atlanta, GA
- Assisted Head Performance Dietitian for Spring training; consulted with players and coordinated with coaching staff to optimize student athlete performance goals
- Prepared snacks and meals for student athletes; stocked Fuel Station for team use, as well as recruiting visits; ensured preparation done in a clean and safe environment at multiple locations; assisted with new intern training
- Supported nutrition education for athletes in MSU dining halls; developed recipes that can be prepared in student apartments with common ingredients and limited cookware

Western & Southern Open/USTA, Mason, OH April-August 2021
Volunteer and Special Events Intern

- Coordinated training for 1000+ volunteers for USTA Tennis tournament
- Provided proactive problem-solving and customer service to fans, volunteers, full-time staff, sponsors and athletes; often first contact with phone and email inquiries

Breslin Student Events Center, East Lansing, MI December 2017-March 2021
Gate and Platform Director, promoted from Event Access Control in September 2018

- Supervised a staff of 50 on-call and student employees to serve crowds reaching 15,000 for both collegiate and community athletic events and entertainment productions
- Recruited, hired, trained, and scheduled staff; involved with the process of ongoing assessment and reviews; regularly met with MSU Athletic programs and marketing

Chick-fil -A, Okemos, MI Apr 2017- Sep 2018
Front of House Team Member

- POS and Drive-Thru experience in a high-volume store with strong branding and training program
- Worked store and community events targeted at families, community members, and MSU Athletics

ACTIVITIES, VOLUNTEER EXPERIENCES AND CERTIFICATIONS

Inaugural Rocket Mortgage Golf Classic- Student Volunteer June 2019
ESPN College Game Day- MSU/Breslin point person for on air personalities February 2019
Collegiate & Professional Sports Dietetics Association (CPSDA)-Student member October 2021
CPSDA Winter Boot Camp- Georgia Institute of Technology- Atlanta, GA January 2022
American Hotel and Lodging Association- Certified Hospitality Supervisor December 2019
American Red Cross Training – Certified CPR Expires August 2023
ServSafe – Certified Servsafe Supervisor Expires December 2025