# PROGRAM OF STUDY

## PH.D. IN NUTRITION AND HOSPITALITY MANAGEMENT

**Minimum Total Hours for Degree: 66**

### Description:
The Doctor of Philosophy (PhD) degree program in Nutrition and Hospitality Management (NHM) at the University of Mississippi is designed to train and mentor students to become proficient postsecondary teachers and researchers. The program has two emphasis areas: 1) Nutrition (with concentrations in Sport Nutrition, Nutrition Policy, and General Nutrition); and 2) Hospitality Management.

### Degree Requirements:
The program consists of 66 post-baccalaureate credit hours. No transfer credits are allowed in the doctoral program. Students may request a course waiver based on equivalent courses taken within 6 years prior to joining the program as long as a minimum of 36 graduate credit hours of coursework and 18 hours of dissertation are completed at the University of Mississippi. The requirements for the PhD degree are: 21 hours of core requirements; 15-18 hours of emphasis area requirements of which 6 or more hours must be at 700 level; 9-12 hours of supporting coursework at 500-700 levels to bring the total coursework to 48 hours, which may be selected from NHM and/or non-NHM courses; and 18 hours of dissertation.

### CORE REQUIREMENTS

**HOURS: 21**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Hrs</th>
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<tbody>
<tr>
<td>NHM 625</td>
<td>Research I – Principles of Research</td>
<td>3</td>
</tr>
<tr>
<td>NHM 626 Statistics I in NHM</td>
<td>3</td>
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<tr>
<td>NHM 725 Research II – Advanced Research Methods</td>
<td>3</td>
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<tr>
<td>NHM 726 Applied Regression Analysis in NHM</td>
<td>3</td>
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<tr>
<td>NHM 701 Graduate Seminar (1)x3</td>
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<tr>
<td>NHM 702 Elements of Academic Development</td>
<td>3</td>
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### EMPHASIS AREA REQUIREMENTS (At least 6 hours must be at 700 level)

**HOURS: 15-18**

<table>
<thead>
<tr>
<th>Nutrition</th>
<th>Hospital Management</th>
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<tbody>
<tr>
<td>NHM 611 Advanced Nutrition (3) – REQUIRED</td>
<td>NHM 615 Advanced Financial Management in Hospitality (3)</td>
</tr>
<tr>
<td>NHM 711 Nutritional Biochemistry (3) – REQUIRED</td>
<td>NHM 617 Advanced Foodservice Management (3)</td>
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<tr>
<td>NHM 612 Nutrition &amp; Exercise in Health &amp; Disease Mgmt (3)</td>
<td>NHM 620 Leadership Dietetics &amp; Hospitality Management (3)</td>
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<tr>
<td>NHM 613 Theoretical Application for Nutritional Education (3)</td>
<td>NHM 624 Advanced Marketing in Hospitality Industry (3)</td>
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<tr>
<td>NHM 614 Foundations in Child Nutrition Management (3)</td>
<td>NHM 627 Trends &amp; Topics in Hospitality Management (3)</td>
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<tr>
<td>NHM 617 Advanced Foodservice Management (3)</td>
<td>NHM 628 Organizational Behavior in Hospitality (3)</td>
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<tr>
<td>NHM 618 Maternal, Child, &amp; Adolescent Nutrition (3)</td>
<td>NHM 662 Advanced Lodging (3)</td>
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<tr>
<td>NHM 619 Sports Nutrition (3)</td>
<td>NHM 671 Hospitality Services Management (3)</td>
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<tr>
<td>NHM 620 Leadership Dietetics &amp; Hospitality Mgmt (3)</td>
<td>NHM 676 Advanced Hospitality Information Technology (3)</td>
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<tr>
<td>NHM 621 Advanced Human Development (3)</td>
<td>NHM 691 Special Topics in Nutrition &amp; Hospitality Mgmt (3)</td>
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<tr>
<td>NHM 622 Nutrition Policy (3)</td>
<td>NHM 740 Consumer Behavior in the Hospitality Ind (3)</td>
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<tr>
<td>NHM 623 Nutritional Epidemiology (3)</td>
<td>NHM 741 Strategic Mgmt in Hosp. &amp; Serv. Ind (3)</td>
</tr>
<tr>
<td>NHM 691 Special Topics in Nutrition &amp; Hospitality Mgmt (3)</td>
<td>NHM 791 Special Topics in Nutrition and Hospitality (3)</td>
</tr>
<tr>
<td>NHM 712 Community Food Systems (3)</td>
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<tr>
<td>NHM 714 Advanced Child Nutrition Management (3)</td>
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</tr>
<tr>
<td>NHM 791 Special Topics in Nutrition and Hospitality (3)</td>
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### SUPPORTING COURSEWORK (500-700 level NHM or non-NHM courses as advised by the committee*)

**HOURS: 9-12 to bring the total course work to 48 hours**

<table>
<thead>
<tr>
<th>Nutrition</th>
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### RESEARCH/THESIS REQUIREMENTS

**HOURS: 18**

<table>
<thead>
<tr>
<th>Course Code</th>
<th>Course Title</th>
<th>Hrs</th>
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<tbody>
<tr>
<td>NHM 797</td>
<td>Dissertation</td>
<td>1-9</td>
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</table>

Approved by the Doctoral Advisory Committee:

<table>
<thead>
<tr>
<th>(Chair of the Committee)</th>
<th>(Date)</th>
<th>(Member of the Committee)</th>
<th>(Date)</th>
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<tbody>
<tr>
<td>(Member of the Committee)</td>
<td>(Date)</td>
<td>(Member of the Committee)</td>
<td>(Date)</td>
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Student Signature: (Date) Approved by the GPC: (Date)
*Notes:*

**Examples of Statistics or Research Methods Courses**
- Bisc 662 Multivariate Analysis of Ecological Data
- Bus/Econ 604 Statistical Methods for Business and Economics
- Bus 664 Statistics III
- Econ 629 Statistical Methods for Economics and Finance
- Econ 630 Econometrics I
- Econ 631 Econometrics II
- Edrs 608 Survey Research
- Edrs 701 Educational Statistics II
- Edrs 703 Advanced Methods of Applied Research
- Edrs 704 Foundations of Qualitative Research Method
- Edrs 705 Advanced Quantitative Research Methods
- Edrs 706 Applications of Qualitative Research
- Edrs 710 Design of Experiments
- Geol 615 Geostatistics
- HK 710 Meta-Analysis
- Math 575 Mathematical Statistics I
- Math 576 Mathematical Statistics II
- Math 671 Statistical Methods I
- Math 672 Statistical Methods II
- Mktg 664 Methodology II
- Mktg 665 Causal Modeling in Marketing
- Phad 780 General Linear Models
- Phad 781 Applied Multivariate Analysis
- Pol 552 Applied Political Research
- Psy 704 Quantitative Methods in Psychology II
- Psy 705 Advanced Statistics
- SW 711 Qualitative Methods in Social Work Research

Note: Courses listed as ”Introductory Statistics” in the Graduate Minor in Applied Statistics program cannot be used in addition to NHM 626.

**Examples of Supporting Coursework**
- Edhe 657/757 Comparative Higher Education
- Edhe 662/762 College Teaching
- Edhe 663/763 Curriculum in Higher Education
- Edhe 665 Contemporary Issues of Higher Education
- Edhe 721 Recent Developments in Educ. Practice
- ES 515 Stress and the Brain
- ES 542 Sports Psychology
- ES 611 Exercise Physiology I
- ES 613 Health Aspects of Physical Activity
- ES 615 Physiological Aspects of Aging
- ES 616 Exercise Physiology II
- HP 600 Foundations of Health Promotion
- HP 645 Organization & Admin of Health Promotion
- HP 646 Introduction to Epidemiology
- HP 665 Special Topics in Health Behavior
- HP 675 Advanced Theoretical Appl Health Behavior
- HP 685 Program Evaluation in Health Behavior
- HP 695 Human Health and Illness
- Mgmt 606 Advanced Organization Behavior
- Mgmt 679 Theoretical Foundations of Management
- MHA 600 Overview of U.S. Health Care System
- MHA 618 Management Overview of Disease & Health
- MIS 640 Theoretical Foundations of MIS/POM
- MIS 665 Management of Information Systems
- Mktg 672 Buyer Behavior and E-Commerce Strategies
- Mktg 762 Marketing Management
- Mktg 766 Advanced Studies in Consumer Behavior
- Mktg 768 Marketing Communication Thought
- Phad 699 Pharmaceutical and Healthcare Policy
- Phad 693 Health Economics
- Soc 640 Sociology of Health Disparities
- SRA 602 Assessment & Evaluation of Recreation Admin Prog
- SRA 650 Seminar in Community & Rural Tourism
- SRA 650 Sport and Leisure Economics
- SW 704 Theories & Research in Neuro & Behavioral

Note: Courses listed as ”Introductory Statistics” in the Graduate Minor in Applied Statistics program may not be counted in addition to NHM 626.